Building a sharing and caring community begins at home. That was the message from the Secretary-General of ASEAN today as the ASEAN Secretariat started its vaccination programme against seasonal influenza. Vaccination is the primary way to prevent influenza and its complications like pneumonia.

“We need to do our best in protecting the Secretariat’s most valuable resource – the staff,” said Dr Surin. This is one of our ways to inject the message of a caring and sharing community in ASEAN, he added.

It has been proven that the vaccine can reduce the possibility of contracting influenza as well as lowering the severity of the symptoms of the influenza illness.

The Secretariat will facilitate the vaccination, administered by a medical doctor, once a week for three consecutive weeks.